

**MSHSAA TRACK AND FIELD
CHAMPIONSHIPS
CLASS 4 & 5 DISTRICT 8**

Pole Vault will ROLL with 30-minute warm-up between events.

8:30 – 10:30 AM	11:00 AM – 1:00 PM	1:30 – 3:30 PM	4:00 – 6:00 PM
Pole Vault Class 5 Girls	Pole Vault Class 4 Girls	Pole Vault Class 5 Boys	Pole Vault Class 4 Boys
9:00 – 10:30 AM	11:00 AM – 12:30 PM	1:00 – 2:30 PM	3:00 – 4:30 PM
High Jump Class 4 Boys	High Jump Class 5 Boys	High Jump Class 4 Girls	High Jump Class 5 Girls
Long Jump Class 4 Girls	Long Jump Class 5 Girls	Long Jump Class 4 Boys	Long Jump Class 5 Boys
Triple Jump Class 5 Boys	Triple Jump Class 4 Boys	Triple Jump Class 5 Girls	Triple Jump Class 4 Girls
Shot Put Class 5 Girls	Shot Put Class 4 Girls	Shot Put Class 5 Boys	Shot Put Class 4 Boys
Discus Class 4 Boys	Discus Class 5 Boys	Discus Class 5 Girls	Discus Class 4 Girls
Javelin Class 4 Girls	Javelin Class 5 Girls	Javelin Class 4 Boys	Javelin Class 5 Boys
Running Events –Class 5 followed by Class 4			
10:00	Girls Class 4 / Class 5	4x800m Relay Final (Double Waterfall Start)	
10:30	Boys: Class 4 / Class 5	4x800m Relay Final (Double Waterfall Start)	
11:00	Girls Class 4 / Class 5	100m Hurdles Final	
11:25	Boys: Class 4 / Class 5	110m Hurdles Final	
11:50	Girls Class 4 / Class 5	100m Dash Final	
12:05	Boys: Class 4 / Class 5	100m Dash Final	
12:20	Girls Class 4 / Class 5	4x200m Relay Final	
12:45	Boys: Class 4 / Class 5	4x200m Relay Final	
1:10	Girls Class 4 / Class 5	1600m Run Final (Double Waterfall Start)	
1:25	Boys: Class 4 / Class 5	1600m Run Final (Double Waterfall Start)	
1:40	Girls Class 4 / Class 5	4x100m Relay Final	
2:00	Boys: Class 4 / Class 5	4x100m Relay Final	
2:20	Girls Class 4 / Class 5	400m Dash Final	
2:40	Boys: Class 4 / Class 5	400m Dash Final	
3:00	Girls Class 4 / Class 5	300m Hurdles Final	
3:20	Boys: Class 4 / Class 5	300m Hurdles Final	
3:40	Girls Class 4 / Class 5	800m Run Final (Double Waterfall Start)	
3:50	Boys: Class 4 / Class 5	800m Run Final (Double Waterfall Start)	
4:00	Girls Class 4 / Class 5	200m Dash Final	
4:25	Boys: Class 4 / Class 5	200m Dash Final	
4:50	Girls Class 4 / Class 5	3200m Run Final (Double Waterfall Start)	
5:20	Boys: Class 4 / Class 5	3200m Run Final (Double Waterfall Start)	
5:50	Girls Class 4 / Class 5	4x400m Relay Final (3-Turn Stagger)	
6:20	Boys: Class 4 / Class 5	4x400m Relay Final (3-Turn Stagger)	